

# Extending Health Insurance to Informal Sector Workers in Ghana

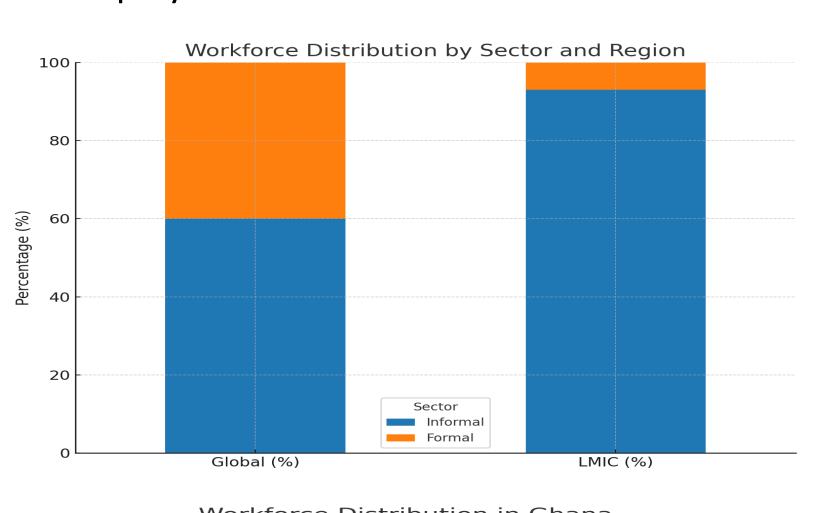


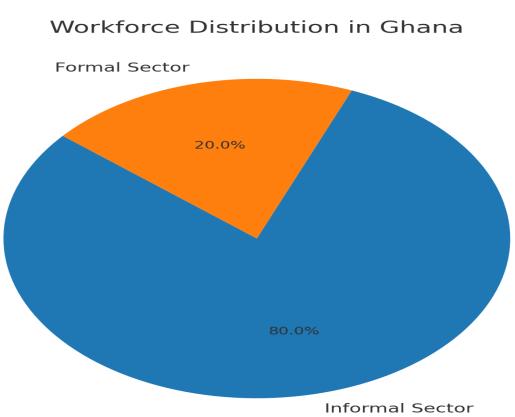
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### Introduction

Health insurance coverage linked to formal employment

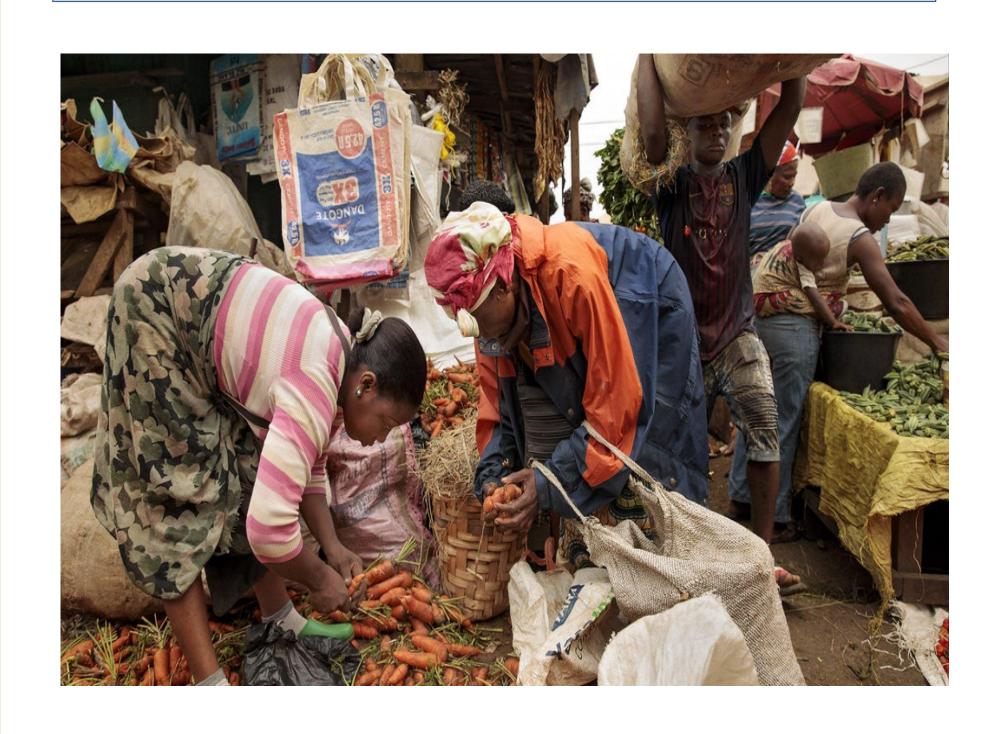




- ❖ Informal sector workers have irregular incomes and limited legal and social protections and high exposure to financial hardship from health-related costs.
- Ghana's National Health Insurance Scheme (NHIS) reduces catastrophic health expenditures (CHE)



This study assessed the impact of NHIS on CHE and impoverishment specifically among informal sector workers.

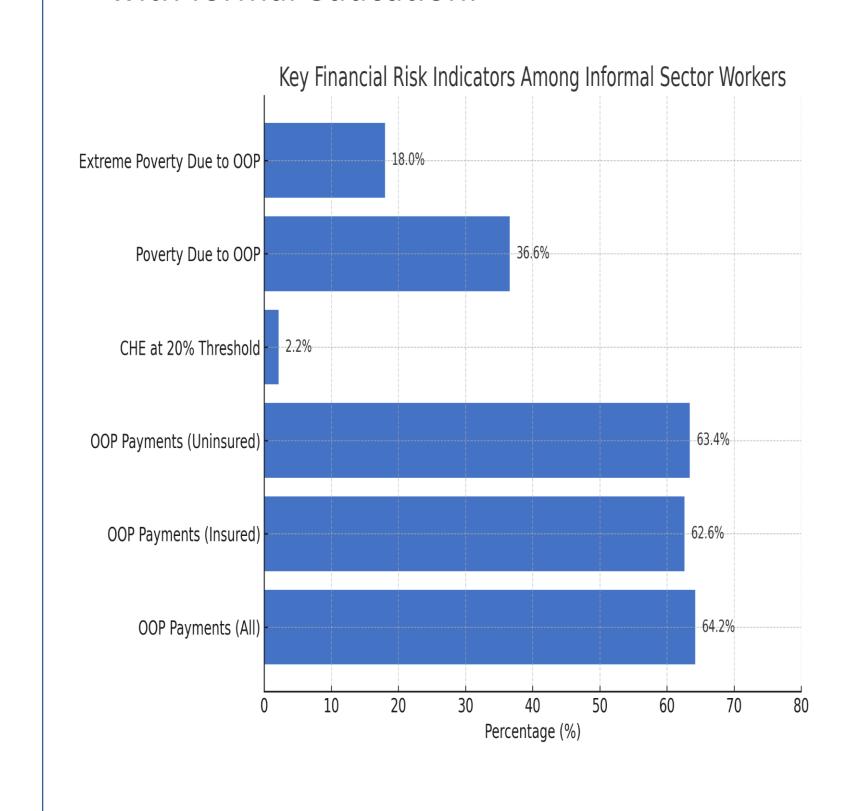


# Methods and Materials

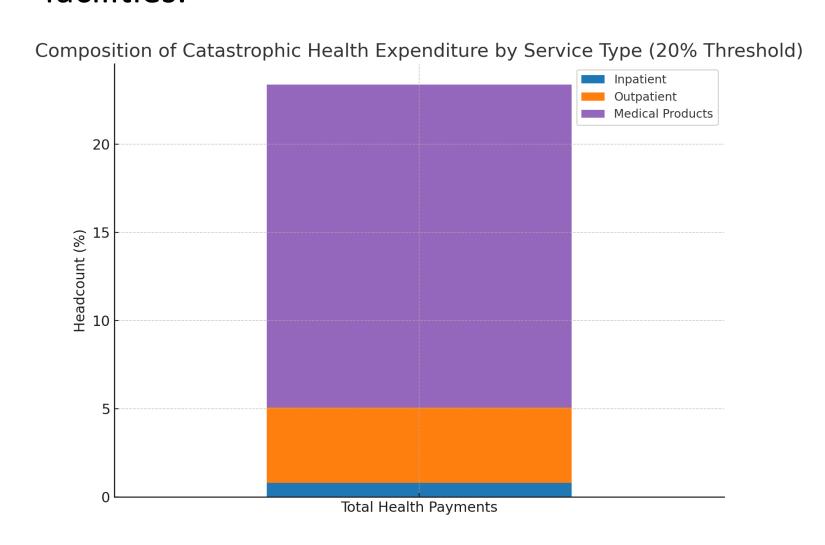
- ❖ Data from the Ghana Living Standards Survey ( 2016/17).
- Household heads working in the informal sector
- ❖ The independent variable was NHIS status: insured vs uninsured. Outcome variables included: OOP health payments, CHE, using thresholds of 20–45% of non-food spending and impoverishment due to OOP.
- Statistical analysis: Propensity score matching (PSM), logistic regression and the Average Treatment Effect on the Treated

## Results

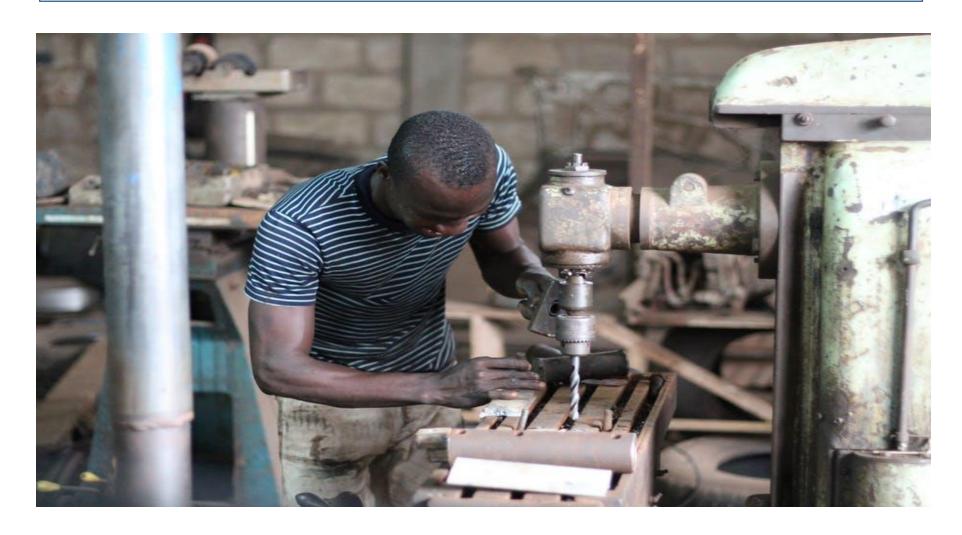
NHIS membership was higher in northern regions, among females, Christians, and those with formal education.



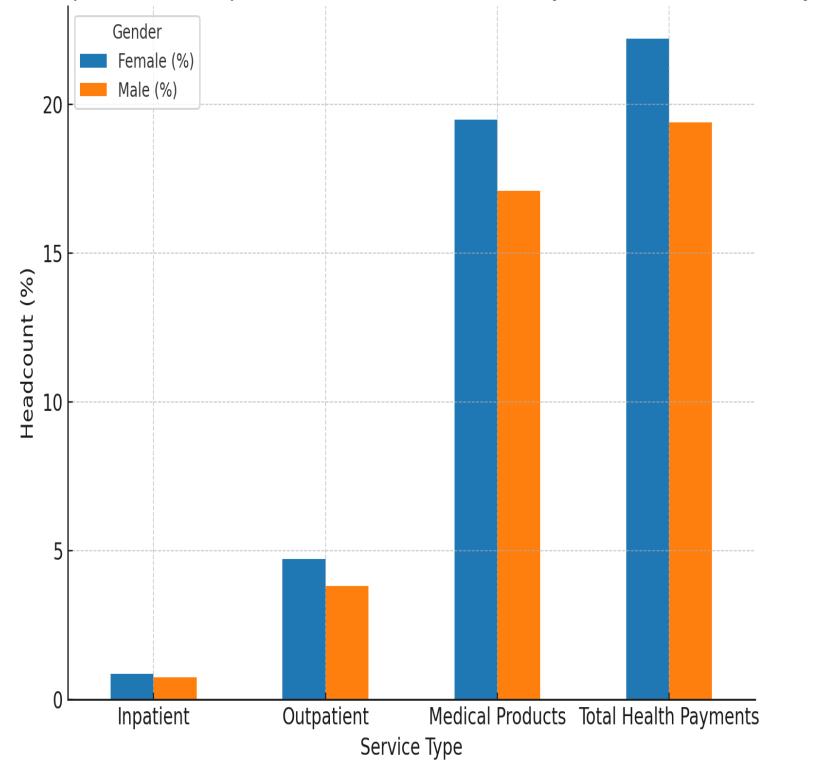
❖ Healthcare access patterns differed: uninsured workers relied more on chemical sellers and traditional healers. NHIS members were more likely to use trained health providers and public facilities.



However, PSM showed no significant impact of NHIS on reducing CHE or poverty.



#### Catastrophic Health Expenditure at 20% Threshold by Gender and Service Type

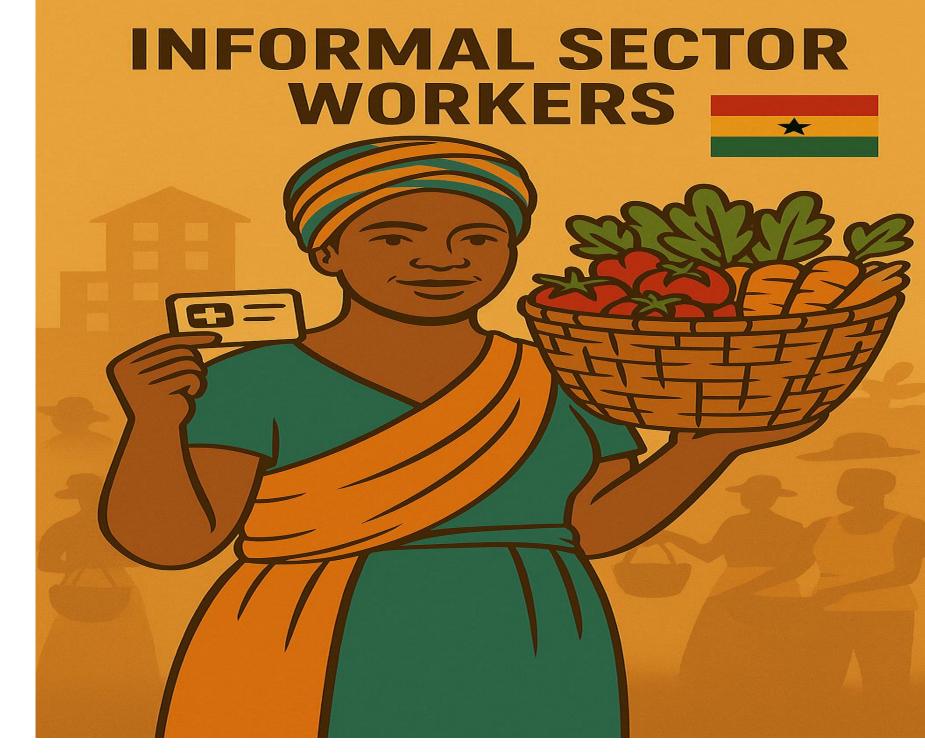


# Discussion

- ❖ Over 62% of insured informal sector workers still incurred OOP
- ❖ No significant impact of NHIS on reducing CHE or poverty
- Findings aligned with other studies: China, Mexico, and other LMICs
- Limited coverage of diagnostics, medications, and private care, and co-payments reduce the effectiveness of NHIS.
- Comprehensive insurance coverage is linked with stronger effects on CHE and impoverishment reduction.
- Health literacy and regional outreach are key determinants of enrollment.

# Conclusions

- NHIS offers limited financial protection to informal sector workers in Ghana, with no significant reduction in CHE or poverty.
- Improving NHIS effectiveness requires: expanding coverage scope (services, diagnostics, medications), reducing OOP costs and enhancing access and service quality
- ❖ Future policies should reflect the needs and preferences of informal workers to advance equity in health coverage.



## Contact

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